

•••

- ❖ COVID-19 has highlighted issues entrenched in our education system going back 200 hundred years from inequality of funding between schools to a lack of focus on emotional wellbeing.
- Will we return to traditional passive learning in front of a whiteboard, or move to a new path focused on student wellbeing and reducing the deep inequalities of global learning?
- ♦ Which path do we want to take??
 - One path runs back to "business as usual".
 - The other leads to new ideas: what the future of education might mean after COVID-19.
- ❖ We think an answer is...

Exciting changes for 2021...

No composite classes.

Some teachers keeping their whole class next year.

Some teachers keeping some of their class next year.

Team leader changes.

Teachers changing year levels.

School wide resilience programme.

Teachers have an entire year to get to know a child and an additional year to further develop the relationship and work with the individual child based on who they are as a learner.

Children get to know their teacher, as a teacher and as a person.

Deeper, stronger and valuable teacher relationships.

Time to follow the child and provide individualised teaching

By having the same teacher for a two year cycle, children develop a personal connection with them, feel safe to take risks, and look forward to seeing them each day.

They learn and are taught in a way that is best suited to them, with room for adjustment, observation, and time.

Team Te Ohanga

Room 5/7 Reception Naomi Gillam - Team Leader

Room 9 Year 0 Term 2

Room 35 Year 1 Corli Husselmann

Room 36 Year 1 Deb Oram (4 days) Chris (1 day)

Room 37 Year 1 Emily Dixon

Room 38 Year 1 Pip Holland (same 2020 class)

Room 39 Year 1 Term 1

Room 40 Year 1 Antonette McIver

Team Kiwi

Room 2	Year 2	New
Room 4	Year 2	Vicki Mottram (same 2020 class)
Room 6	Year 2	Marlize Kane
Room 8	Year 2	Eleanor Wenman - Team Leader
Room 10	Year 2	Sophie Evans

Team Pukeko Kōwhai

Room 12	Year 3	Lisa Wallace (same 2020 class)
Room 11	Year 3	Jayne Bennett (same 2020 class)
Room 15	Year 3	Kendall Martin (same 2020 class)
Room 17	Year 3	Carolyn Holmes
Room 19	Year 3	Mel Pollard - Team Leader
Room 21	Year 3	Nicole Hillier

Team Pukeko Whero

Room 23 Year 4 Cerys Holleron (same Year 3 2020 class)

Room 25 Year 4 Kellie Marr (same Year 3 2020 class)

Room 27 Year 4 Nick Bateman

Room 29 Year 4 Rebeccah Bassett-Smith - Team Leader

Room 31 Year 4 Jackie Boyd (same Year 3 2020 class)

Room 33 Year 4 Mark Ralston (same Year 3 2020 class)

Team Tui Kākāriki

Room 16 Year 5 Heath Boot (same Year 4 2020 class)

Room 18 Year 5 Donna Kitching

Room 20 Year 5 Melody Harries (same Year 4 2020 class)

Room 22 Year 5 Anna Lojek - Team Leader

Room 24 Year 5 Rhian Storey

Team Tui Kikorangi

Room 26	Year 6	Lesley Carruthers (same Year 5 2020 class)
Room 28	Year 6	Meghan Lowans (same Year 5 2020 class)
Room 30	Year 6	Sarah Betts - Team Leader (same Year 5 2020 class)
Room 32	Year 6	Emma Lyon (same Year 5 2020 class)
Room 34	Year 6	William Albertsma





Whole School Approach.

Working with teachers, children, community.

All children get a journal.

30 hour long lessons delivered by classroom teachers.

The cost of \$10 will be added to the stationery pack for 2021.





In partnership with Australian based organisation The Resilience Project, deliver emotionally engaging programs to schools, providing practical, evidence-based, positive mental health strategies to build resilience and happiness. Through presentations, school curriculum, teacher diaries and an app, this programme is to help young New Zealanders become mentally healthy.





There approach is to work with the whole school community including teachers, students and parents helping them understand the importance of practicing and implementing key strategies to build resilience and drive sustainable change. In 2021, we are delivering the program into 15 primary and intermediate schools.





Why?

We know that New Zealand mirrors the current state of mental health in young people in Australia as outlined below.

- * 1 in 4 adolescents will experience mental health problems this year.
 - * 65% of adolescents will not seek help.
- * 1 in 7 primary school students will experience mental health problems this year.
 - * 1 in 5 adults will experience mental health problems this year.
- * Mental Health Disorders carry the largest burden of disease for 15-24 year olds.
 - * Suicide is the most common cause of death for 15-24 year olds.





Gratitude

Paying attention to the things and moments we have right now, and not worrying about what we don't have. We practise gratitude by noticing the positives that exist around us.





Empathy

Putting ourselves in the shoes of others to feel and see what they are. We practice this through being kind and compassionate towards other people.





Mindfulness

Our ability to be calm and in the present moment. We practice this through slowing down and concentrating on one thing at a time. This could be our breathing, colouring in, or noticing the noises we can hear.





Emotional Literacy

Our ability to label our emotions as we experience them. This helps us to manage our emotions (soften negative emotions and find positive emotions).

We practice this by labelling our emotions as they arise.

